| WEEK # 3 | Menu 2016 | WEEK # 3 |
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| WEER#3 | IVIENU ZUID | VVEEN#3 |

| | WEEK # 3 | | | Menu 2016 | | | WEEK # 3 | | |
|------------------|----------------------|-----------------------------------|---------------------------------|--------------------------------------|-----------------------------|-------------------------|---------------------------------|--|--|
| | | Breakfast Menu Items For The Week | | | | | | | |
| | Oatmeal Cold Cereal | Eggs Any Style | Toast | Milk | Assortment | Tea | 1/2 Grapefruit 1/2 Orange | | |
| | Cream of Wheat | Bacon | Assorted Muffins | | Of Fruit Juices | Coffee | Bananas | | |
| | Jan.2 | Jan.3 | Jan.4 | Jan.5 | Jan.6 | Jan.7 | Jan.8 | | |
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | | |
| | Cream of Mushroom | Barley Soup | Beef Noodle Soup | Vegetable Soup | Hamburger Soup | Cream of Chicken | Rice Soup | | |
| D I | Liver and Onion | Sweet and Sour Pork | Deep Fried Chicken | Saulburry Steak Fried | Poached Fish White Sauce | BBQ Rib | Baked Ham | | |
| N N E R | Mashed Potatoes | Mashed Potatoes | Mashed Potatoes | Onions and Mushroom Machael Batatage | Mashed Potatoes | Mashed Potatoes Rice | Scalloped or Mashed Potatoes | | |
| | Yellow Beans | Rice Broccoli | Carrots | Mashed Potatoes Cauliflower | Peas | Green Beans | Cream Corn | | |
| | Pears | Squares | Apple ,cranberry and pear crisp | Melon | Peaches | Grapes | Pie | | |
| S | Cream of Mushroom | Barley Soup | Beef Noodle Soup | Vegetable Soup | * Hamburger Soup | Corn Chowder | Rice Soup | | |
| U P | Chicken Sandwich | Rappie Pie | Spaghetti and Meatsauce | Pancake | Pizza | Cheese | Corned Beef Hash | | |
| P E R | Cole Slaw | Brown Bread | Garlic Bread | Sausage | Salad | Biscuit | Sliced tomato & Sliced Cucumber | | |
| | Spice Cake | Fruit Cocktail | Pudding | Pineapple Cake | Pumpkin Tarts | Apple Sauce | Mousse | | |
| | Menu may change with | out notice | | | | | | | |
| | HS Snack Menu | | | | | | Crackers With | | |

Toast

Nutri Grain Bars

Cookies

Peanut Butter

or Cheese

Pudding

Voortman Cookies

Danish